



# KING JAMES'S SCHOOL

## KNARESBOROUGH

14<sup>th</sup> April 2020

Dear Parents/Carers/Students

### **KING JAMES'S FAMILY LOCKDOWN CHALLENGE**

Which family will climb Everest the fastest? Which family will complete the London Marathon first? Which family will be on top?

For the first time ever, we are introducing a family challenge, we don't want just our students to participate we want siblings young and old, mum, dad, extended family and even the dog.

I was due to run the London Marathon in a few weeks time, and like many of us our plans have been put on hold. I wanted to keep challenging myself so decided to run 500 laps of my back garden (that was 10k) and then I had the great idea of not only challenging myself but you as well.

I have put together a family challenge package from the easier (I use that word loosely) to the harder challenges. You can pick just one challenge, you could pick one package, you could if you have enough time do them all. The main aim is to have some fun and push ourselves despite the limitations we are facing. You do not need a big garden, mine is 10m, you don't need 3 flights of stairs, all you need is a good team, motivation and determination to make it through these tough times.

The 'Family Lockdown Challenge' is live now and will end when we return to school. There is a PowerPoint on Its Learning that details all the packages and challenges. All evidence or any questions you may have need to be sent to me at [challenge@king-james.co.uk](mailto:challenge@king-james.co.uk).

Any pictures or videos you send to the above email will be taken as consent to use for school's social media and assembly. I want at the end of this to celebrate you all.

Each week I will update the leaderboards and as ever there will be prizes to be won.

Just imagine when people ask you what you did in lockdown and you reply I climbed Kilimanjaro, or I ran the London Marathon.

Are you ready to take on the challenge?

Yours sincerely

**Miss S Ramplin**  
Year 7 Pastoral Officer