

Support for parents and carers to keep their children safe online

At the current time, with much learning being done online, children and young people may be having more screen time, so it is important that they keep themselves safe. Below are details of a number of resources that can support parents and carers in ensuring that children are being kept safe online:

- [Thinkuknow](#) provides advice from the National Crime Agency (NCA) on staying safe online and has activities that parents can do with their children and young people to discuss keeping safe online for all age groups. Below are links to some of the age-appropriate activities:

For children aged 11-13

<<https://thinkuknow.us13.list-manage.com/track/click?u=2ae276529dabe14cecc1d261e&id=a958e6d665&e=6accdaf7de>>

For children aged 14+

<<https://thinkuknow.us13.list-manage.com/track/click?u=2ae276529dabe14cecc1d261e&id=4b4c29bbe0&e=6accdaf7de>>

- [Parent info](#) is a collaboration between Parentzone and the NCA providing support and guidance for parents from leading experts and organisations.
- [Childnet](#) offers a toolkit to support parents and carers of children of any age to start discussions about their online life, to set boundaries around online behaviour and technology use, and to find out where to get more help and support.
- [Internet matters](#) provides age-specific online safety checklists, guides on how to set parental controls on a range of devices, and a host of practical tips to help children get the most out of their digital world.
- [London Grid for Learning](#) has support for parents and carers to keep their children safe online, including tips to keep primary aged children safe online.
- [Net-aware](#) has support for parents and carers from the NSPCC, including a guide to social networks, apps and games.
- [Let's Talk About It](#) has advice for parents and carers to keep children safe from online radicalisation.
- [UK Safer Internet Centre](#) has tips, advice, guides and other resources to help keep children safe online, including parental controls offered by home internet providers and safety tools on social networks and other online services as well as a facility to report harmful online content.
- [Educate Against Hate](#) provides government advice and trusted resources on safeguarding from radicalisation, building resilience to extremism, and promoting shared values.
- [Child Exploitation and Online Protection command](#) offers advice on reporting online abuse.
- [Anti-Bullying Alliance](#) get advice and support for children who are being bullied.