

# New mental health website for supporting children and young people.

This new website dedicated to helping children and young people find mental health support in North Yorkshire. [The Go-to](https://www.thegoto.org.uk/) is a portal or 'single point of information' for mental health support services offered by different agencies in the county. With lots of useful tips, information and signposting the site has specific 'young person', 'parent/carer' and 'professional' tabs for easy navigation.

The Go-to link: <https://www.thegoto.org.uk/>

