

## Support for parents and carers with social media

Children love to socialise and as they get older, they will want to stay in touch with their friends online.

This week's activity pack explores how parents and carers can keep children safe while connecting with others on social media apps and platforms

For children aged 5

<https://thinkuknow.us13.list-manage.com/track/click?u=2ae276529dabe14cecc1d261e&id=78d9104b49&e=351d494195>

For children aged 5-7

<https://thinkuknow.us13.list-manage.com/track/click?u=2ae276529dabe14cecc1d261e&id=9a82e1f435&e=351d494195>

For children aged 8-10

<https://thinkuknow.us13.list-manage.com/track/click?u=2ae276529dabe14cecc1d261e&id=e2296cac8e&e=351d494195>

For children aged 11-13

<https://thinkuknow.us13.list-manage.com/track/click?u=2ae276529dabe14cecc1d261e&id=27659c9265&e=351d494195>

For children aged 14+

<https://thinkuknow.us13.list-manage.com/track/click?u=2ae276529dabe14cecc1d261e&id=584016675f&e=351d494195>

We are also asking parents and carers to share their feedback on the activity packs via a survey on the pages linked to above.

Social media: a video guide for parents and carers Our new video guide and accompanying article helps parents and carers to understand:

- \* The risks of using social media
- \* What they need to consider when deciding if their child is ready to use it
- \* How they can make social media safer for their child

<https://thinkuknow.us13.list-manage.com/track/click?u=2ae276529dabe14cecc1d261e&id=8e2120dcd7&e=351d494195>

Access the video here:

<https://thinkuknow.us13.list-manage.com/track/click?u=2ae276529dabe14cecc1d261e&id=c7fe520984&e=351d494195>