

# PE xtra Curricular Newsletter

SUMMER TERM 2009

## Year 7

### ACTIVITIES FOR GIRLS...



#### Athletics

##### A very talented bunch

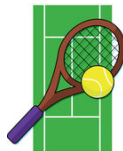
Out of the team of 8 girls who represented the school in the Harrogate and Craven schools Championships all of them qualified in their event for the finals. They have shown superb commitment and plenty of skill over the year; so much so that 6 of them went on to represent the junior girl's team, which is usually made up of just year 8's. This competition involves all the team members doing two events each. This joint year 7/8 team qualified for NE Regional schools cup and finished in 3<sup>rd</sup> place.

**STAR PERFORMERS**

- ★ Josie Parry top points scorer for the Jun girls team

**Most Improved...**

- \* Hannah Kempson
- \* Phoebe White



#### Tennis

##### Huge Progress has been made

We have continued to have loads of girls coming down to Tennis every Wednesday and this year we have been lucky enough to have 2 coaches from Knaresborough tennis club coming down to help. The National competition which we enter is a combined year 7 & 8 team and 3 of the 4 places were taken up by year 7's. We have had 6 matches & each time we have played much better. Watch out next year.

**STAR PERFORMERS**

- ★ Georgia Ryan

**Most Improved...**

- \* Grace Merrin
- \* Abi Hatch
- \* Georgina Thompson



#### Rounders

##### Excellent Rounders players!

We have had a great group of girls coming down to Rounders practice with a complete range of abilities. All the girls worked hard together and became very competent players. We have had a lot of fixtures and many excellent results. The teams fielding skills have been strong all season with Georgia Thompson, Georgia Ryan and Grace Merrin getting numerous opposition players out at first post with excellent play between bowler, backstop and first post. The teams batting skills have really improved.

**STAR PERFORMERS**

- ★ Grace Merrin

**Most Improved...**

- \* Georgia Ryan
- \* Phoebe White
- \* Molly Webster

# Year 7

## ACTIVITIES FOR BOYS...



### Athletics

#### A sporty year group who need more experience at athletics

This set of boys has a brilliant football and basketball team so they seem a promising bunch of athletes. Unfortunately they struggled to qualify at the Harrogate Schools competition as they need more experience in the technical events.

Callum Milburn qualified in the 800m and also received the athlete of year 7 award for sports Day.

STAR PERFORMERS

★ Callum Milburn

#### Most Improved...

- \* Lawrence Hargreaves
- \* Tom Abbey



### Tennis

#### Boys received extra coaching

A great term with lots and lots of keen and eager players coming to practice each week. The boys have been playing in the local league, which is a fantastic standard, we have done well but these boys will be in the same age group next year, so the experience will help them

We were delighted to have the services of a coach from Knaresborough Tennis Club to help out! And the year 7's have had extra coaching on lunchtime.

STAR PERFORMERS

- ★ Alex Charlesworth
- ★ Harry Atkinson



### Cricket

#### Get your head down and play straight!

Yet again the year 7's have been a delight to work with, showing great commitment and dedication. The standard of cricket was much higher thanks to Knaresborough Cricket Club who loaned the ground out to us. KCC have an amazing junior set up.

I hope the lads stay together as they are a credit to the school.

Well done.

STAR PERFORMERS

★ Callum Beasley

#### Most Improved...

- \* Josh Marshall

### STUDENT HIGHLIGHTS

The dedication shown by the Year 7 cricket team and Callum's performances in athletics

# Year 8



## Athletics

### Ellie Sweet has a superb season

The Junior Girls team, made up of year 7 & 8 girls had a fantastic season, reaching the Regional Final and finishing in 3<sup>rd</sup> place. Ellie Sweet was the 2<sup>nd</sup> top point's scorer for this team gaining 40 points in the Long Jump and 100m.

Ellie Sweet also gained her Area Colours and came 2<sup>nd</sup> place in the County Championships.



★ Ellie Sweet

### Most Improved...

- \* Ashleigh Davies
- \* Emily Hines



## Tennis

### Arina is unbeatable

The under 13 tennis team is made up of 3 year 7's and Arina!! She has been unbeatable all season in singles and doubles, so much so that other teams now fear us!!



★ Arina Fyodorov

### Most Improved...

- \* Ashleigh Davies
- \* Emily Hines



## Rounders

### A lovely bunch of Girls who have been good fun

We have large numbers of girls at rounders practice this season. It has been a lovely atmosphere with the main emphasis being on enjoyment. The girls have done really well in matches with some much improved play. A massive thank you goes to Naomi for helping us organise and run the teams.



\* Ashleigh Davis

### Most Improved...

- \* Holly Henry
- \* Lucy Chadwick

# Year 8

## ACTIVITIES FOR BOYS...



### Athletics

#### Five boys qualify for the Harrogate & Craven schools Championships

The boys have had a good season with the highlight being 5 boys qualifying for schools final and Christian Igoe qualified for both the 200m and the Shot Putt.

The Junior boys team finished 4<sup>th</sup> in the County schools team competition, where the boys need to compete in 2 events each, but should do better next year with more practice in the field events.

STAR PERFORMERS

★ Christian Igoe

#### Most Improved...

\* Scott Stockdale



### Tennis

#### A great term with loads at practice night

A great term with lots and lots of keen and eager players coming to practice each week.

We were delighted to have the services of a coach from Knaresborough Tennis club to help out!

The under 13 boys found life tough in the league but battled away valiantly and enjoyed their matches showing improvements each week

#### Most Improved...

\* Nat Welsby  
\* Jack Wilson



### Cricket

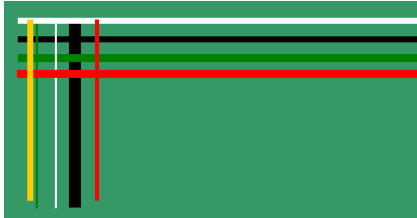
This year saw a fantastic group of talented cricketers who really enjoyed the game. Unfortunately they got knocked out of the cups early which was disappointing and a shock. Each training session saw loads of lads coming down to fine tune their skills. Well done to all the lads and lets look forward to next year.

STAR PERFORMERS

★ Nathan Hines

### STUDENT HIGHLIGHTS

5 boys qualifying for the Harrogate schools competition



# Year 9

## ACTIVITIES FOR GIRLS...

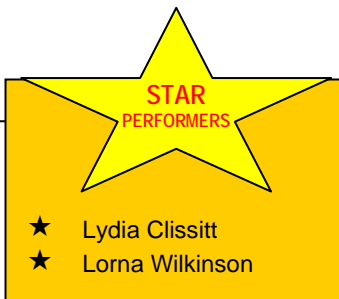


### Athletics

#### Outstanding Team

These girls have had another superb season. In the first competition of the season they qualified for the NE Regional Finals for the Intermediate girls (Yr 9/10) this took the team to Middlesbrough, to compete against the best in the Region and we didn't disappoint. Lorna Wilkinson and Lydia Clissitt were our best point's scorers and we finished a fantastic 3<sup>rd</sup> place.

In the Harrogate and Craven Schools cup competition 99% of our girls qualified for finals day and our relay team were fantastic.



#### Most Improved...

- \* Adele Wilkinson
- \* Lydia Broadley

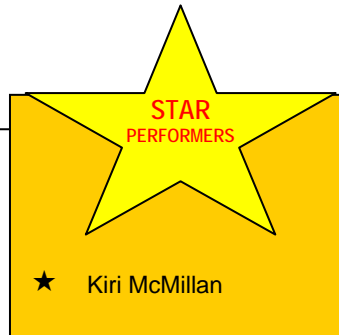


### Tennis

#### We have too many excellent girls to choose from!!

Our under 14 girl's tennis team consists of Lydia Clissitt, Ellie Telfer, Lorna Wilkinson, Kiri McMillan, Chloe White and Kayleigh Corcoran and they have been superb!!

In the Area Tournament we managed to reach the Semi Finals but later in the season we beat Harrogate Ladies College the winners of this. Next year with Arina (Yr 8) joining them, we think we maybe just be unstoppable.



#### Most Improved...

- \* Chloe White



### Rounders

#### Undefeated for another year!!

We had a vast amount of Year 9 girls coming down to rounders practice each Thursday. Every training session was played in good spirits and we were lucky with the weather too!!! The A and B team won all of their fixtures and the standard of play was exceptionally high.

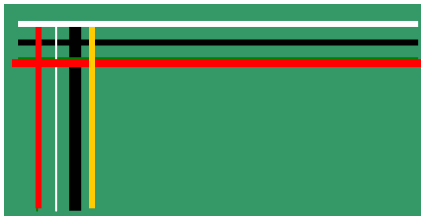


#### Most Improved...

- \* Lauren Rowe

### STUDENT HIGHLIGHTS

The girl's athletics team coming 3<sup>rd</sup> in the region beating Harrogate Ladies at Tennis



# Year 9

## ACTIVITIES FOR BOYS...



### Athletics

#### A talented bunch of lads

These boys performed brilliantly in the Harrogate Schools championships, nearly all boys qualified for the next round and there were some fantastic individual performances.

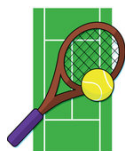
In the County schools team competition, where each boy has to compete in 2 events, we finished in 6<sup>th</sup> place, with Danny Wakeham (400m & discus) being the top points scorers

**STAR PERFORMERS**

- ★ Danny Wakeham
- ★ Sam Evans
- ★ Tom Beasley

#### Most Improved...

\* Jonny Tattersall



### Tennis

#### A great team with some talented players

The under 15 boys found greater success than the under 13's and recorded a win over Rossett and a very narrow defeat to Ashville (on count back of games.)

Artjom Fyodorov played some fantastic matches and performed brilliantly in the local league, which is of a very high standard

**STAR PERFORMERS**

- ★ Artjom Fyodorov

### Cricket



The boys yet again had a great season showing a great team spirit. The impressive aspect of the season was when we lost players due to injury, I had 2-3 lads coming down wanting to play and making sure we had a full team. That attitude is great to see.

Well done to Johnny Tattersall who again played very well for Yorkshire.

**STAR PERFORMERS**

- ★ Jonny Tattersall

#### Most Improved...

\* Tom Beasley

### STUDENT HIGHLIGHTS

A group of all rounders who have performed fantastically well in all three sports as both a team and as individuals

# Year 10

## ACTIVITIES FOR GIRLS...



### Athletics

#### Their final year of athletics and still some of the best athletes we have had!!

These girls have truly set a standard for the other girls to follow. They have been superb since year 7 and this year and this year was no exception. Emma and Emily both qualified for the Area Team and led by example throughout.

In the Team event the combined year 9/10 team qualified for the Regional finals at Middlesbrough, with Emma Gilchrist being the top point's scorer, in the 200m and long jump.

In the Harrogate and Craven schools competition our girls performed brilliantly with most of them qualifying for the finals



#### Most Improved...

\* Megan Chalk

### JSLA

This term 112 students passed their JSLA award in Sports Leadership. This involved their all being able to lead a group of younger students for 1 hr in a sport of their choice.

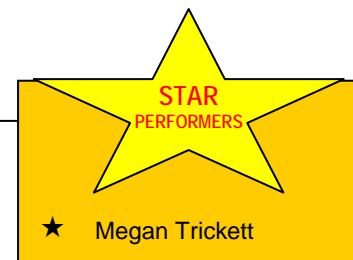
This group have been a superb help over the year and have helped organise and lead primary school netball, cricket, rounders events and finally organise Junior Sports Day's. Well done to all the students.



### Rounders

#### A lovely set of girls who love their rounders

The Year 10 rounders team had a successful season winning the majority of their festival matches and all of their inter school fixtures. Commitment to training was good and it was great to see the Year 10's play against the Year 9 team in training!!

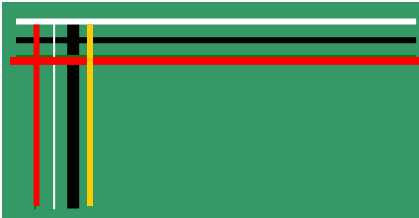


#### Most Improved...

\* Laura Bishop

### STUDENT HIGHLIGHTS

The Inter girls finishing 3<sup>rd</sup> in the NE athletics Team event



# Year 10

## ACTIVITIES FOR BOYS...



### Athletics

#### 8 boys qualify for the Harrogate Schools Finals

This is a really sporty year group who have a very successful rugby team and some of them can transfer their skills to athletic events. There were some superb performances, especially in the throwing events and the relay.

In the County Schools cup, team event the boys finished in 6<sup>th</sup> place so missed out on qualifying for the regional round but this was mainly due to some missing the competition due to work experience

Alex Ganchev received Area Colours for the Long Jump.

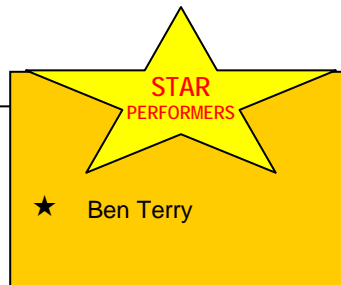


### Tennis

#### A great team with some talented players

The under 15 boys found greater success than the under 13's and recorded a win over Rossett and a very narrow defeat to Ashville (on count back of games.)

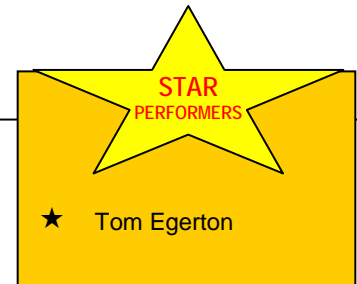
Ben Terry leads this team really well and played some fantastic matches. He has been a brilliant ambassador to KJS tennis over the past 4 years and we owe him a big thank you!!



### Cricket

#### Weather causes havoc with matches

The boys had regular practices but unfortunately most of their matches were rained off early in the season. Graham Whiles their best player didn't play this season due to his commitments with Yorkshire cricket, but Tom Egerton was a fantastic leader and organised the team well.



### Most Improved...

\* Rory Ashman

### STUDENT HIGHLIGHTS

Ben Terry's performances in tennis & the 4 x 100m relay team