

The King James's School **PSHCEE** Learning Journey

PSHE

INTENT: POSITIVE, HEALTHY, ACTIVE CITIZENS

Association

Coping with exam stress, benefits of positive sleep, revision guidance on; flash cards, mind maps, quizzes, cards, crosswords, quiz searches, tables & imagery

Difference between Crown & Magistrates Court, Sentencing a Young offender, persuasive writing, moral debating.

Crown Court Magistrates Court Sequestration Restitution Deterrence Retribution

Moral issues, extremism, human rights, responsibilities, human rights act, laws & society.

Transferable skills

Stigma

Stress

Anxiety

Depression

Mindfulness

Self-harm

Revision, past papers, coping with exam stress.

Exam pressure

Exam

Revision

Flashcard

Mind map

LC mental health: multiple choice

Mental Health

Head ed. Exam style questions.

LC Question: How effective are prisons in reducing crime?

LC Morals: identify and justify absolute and non < absolute morality.

Employability skills, CV support & writing, building confidence, interview skills & practice.

Criminal

Justice

Employability Skills Curriculum Vitae

Resilience

Reform

Responsibility Absolute Rights Society Civil Law Criminal Law

Moral Issue

Terrorist

Non-Absolute Rights

LC First aid: exam based questions

DR ABC **Recovery Position** Loot boxes Gambling Fixed Mindset **Growth Mindset**

Sixth Form

Apprenticeship

Scholarship

A Levels

College

First aid, CPR, gambling, positive mind sets, beliefs and values.

GROWTH MINDSET

Pornography Sexting Severity Correlation Assertiveness **Opioids**

Positive mindset

> Sexting, the dangers of pornography, FGM, risk taking behaviour, positive life experiences, drugs & alcohol

> > Employable

Gross Pay

Income Tax

Career

Net Pay

support strategies.

mind Mental health, understanding stigma, recognising disorders, mindfulness and

LC Sexually transmitted infections: understanding

physical symptoms, causes treatment, & prevention.

PAYE

ISAs

Preparation for working life, earning money,

career planning, work experience. Self-

esteem, eating disorders, body image,

Developing

Young Adults

healthy & unhealthy relationships.

Superannuation Trade Unions

State Pension

Premium Bonds

Fixed Term Bonds

Relationship Peer on Peer abuse Stereotypes **Fertility** Conception

Marriage Civil Partnership Forced marriage Homophobia

Relationships

& sex

Employability, job vs career, personal

finance, planning & money saving, work place

behaviour, trade unions & employment law.

Family

Self-examination Screening Sexual activity Consent Contraception Grooming

Family, marriage, relationships,

homophobia, love, body image, sexual health, sexual activity, STI's,

contraception, pregnancy, grooming.

Cannabis, the law and forming an opinion, constructing an

argument. Women's rights now and over time, prejudice,

stereotyping, HBT bullying, online safety, cyber bullying.

Menopause

Sexual

Job

application

Vitae: produce your standard format CV.

LC Curriculum

Active

Citizenship

LC Active citizen:

evaluation & reflection

Being an active citizen, team working, raising

awareness

planning &

evaluation

Active Citizen

Planning

Teamwork

Evaluation

Communication

Enterprise skills

Cannabis

Illegal

Equality

Opinion Prejudice Stereotypes

Discrimination

Homophobia

Raising Awareness

ifeSkills

LC Risk taking behaviour: decision making styles and target setting.

Risk taking

behaviour

Mental, social & physical health,

Health &

wellbeing

LC Exam style

understanding

emotions and

self concept

questions:

emotions, exploring difference,

identity, diversity & culture,

understanding actions &

consequences.

Law

Power

Justice

Criminal

Defence

Anti-Social

Personality

Prosecution

Bullying

& Risk

Taking

Empathy Self-Concept Emotion Mental Health Disorder Schizophrenia Depression **Bipolar** Obsessive Compulsive Disorder Discrimination Identity

Nationality Immigration **Cultural Identity** Racism



Motivation Employment Career Self Esteem

Work experience Body image Relationship Sexting

LC Human Rights: Identify Human Rights that are achieved, denied or

> Risk Crime Mental Health Consequences Human right

demanded. **Bullying** Safety

Knowledge Citizenship Smoking Knowledge PSHE

Knowledge RSE Key words Learning cycle

Addiction Carcinogen **Puberty** Hygiene Democracy **Parliament** Monarchy

Healthy Living

Smoking facts & avoidance, healthy lifestyles, dental hygiene, puberty, dealing with change, positive relationships, Politics & Law, Monarchy

4 Life

crime, Human rights.

for your dream job. Writing to inform.

Law &

Justice

Bullying consequences, mental health, risk,

sun & water safety, road & rail safety, knife

LC Smoking: Write a response to a friend

who is trying to convince you to start smoking.

Fair trade, needs vs wants, British values/ identity, British diversity.

Contributing

to society

LC: Support a charity and explain why? Create a presentation on your chosen charity.

CHARITY

Charity

Obesity

new school

Challenging O

LC Forming an opinion: write a complete LC Careers planning: write a job application letter argument for and against legalisation of Cannabis.

Careers &

employment

LC Exam paper: financial planning. Long answer question: Explain

why good money management and financial planning are important.

Alcohol knowledge, facts & abuse of, Law & young people, police powers, English justice & court system, passing a law, criminal punishment, Run. Hide. Tell.

understanding obesity, pressures of smoking, vaping/ e-cigarettes.

opinions



Healthy Choices

LC Changing Law: Construct

a formal letter to bring about a

North Yorkshire

change in the law. Charity support, importance of exercise & sleep, recognising food groups, healthy living, Change4life.

Unit Healthy Pressure Binge Drinking Obesity Vaping

Alcohol

LC Alcohol: anti alcohol propaganda, writing to persuade.

Joining a

and inclusion.



Physical Activity

Balanced diet

Fair Trade

Poverty

Diversity

Understanding PSHCEE, a rough guide to KJS, contributing to

Inequality LC: Question: How well have you settled at KJS? Developing positive reflection and writing skills.

school life, disability awareness

Disability Awareness Citizenship Contributing Extra-Curricular Inclusion **Propaganda**