

Year 7 Learning Cycle 1 – Joining a new school

New PSHE	Prior	Key vocabulary
Understanding PSHCEE Education & homework Clubs & extra-curricular A rough guide to KJS Citizenship & KJS Contributing to school life Reflection Litter Disability awareness Inclusion at KJS	Settling in to KJS Settling in to KJS Settling in to KJS Settling in to KJS Core theme 3: Living in the wider world: Communities Core theme 3: Living in the wider world: Communities Core theme 3: Living in the wider world: shared responsibilities Core theme 3: Living in the wider world: shared responsibilities Core theme 2: relationships: respecting self and others Core theme 3: Living in the wider world: Communities	Disability Awareness Citizenship Contributing Extra-Curricular Inclusion Propaganda

Year 7 Learning Cycle 2 – Contributing to society

New PSHE	Prior	Key vocabulary
Choosing a Charity & planning Charity presentation Exercise & sleep Food groups & Healthy KJS Change4life Trade Inequality & Fair Trade Needs Vs Wants British Values/ Identity British Diversity	Core theme 3: Living in the wider world: shared responsibilities Core theme 3: Living in the wider world: media literacy Core theme 1: Health and wellbeing: Healthy lifestyles (physical wellbeing) Core theme 1: Health and wellbeing: Healthy lifestyles (physical wellbeing) Core theme 1: Health and wellbeing: Ourselves, growing and changing Core theme 3: Living in the wider world: Communities Core theme 1: Health and wellbeing: Mental health Core theme 3: Living in the wider world: Communities Core theme 3: Living in the wider world: Communities	Charity Physical Activity Obesity Balanced diet Fair Trade Inequality Poverty Diversity

Year 7 Learning Cycle 3 – Healthy living

New PSHE	Prior	Key vocabulary
Smoking – facts & avoidance Smoking – educating others Healthy lifestyles Hygiene – dental Hygiene – puberty Dealing with puberty changes Forming positive relationships Politics & Law British Citizenship & Monarchy	Core theme 1: Health and wellbeing: Drugs, Alcohol & Tobacco Core theme 1: Health and wellbeing: Drugs, Alcohol & Tobacco Core theme 1: Health and wellbeing: Healthy lifestyles (physical wellbeing) Core theme 1: Health and wellbeing: Healthy lifestyles (physical wellbeing) Core theme 1: Health and wellbeing: Ourselves, growing and changing Core theme 1: Health and wellbeing: Ourselves, growing and changing Core theme 2: Relationships: safe relationships, respecting self and others Core theme 1: Health and wellbeing: Keeping safe Core theme 3: Living in the wider world: Communities	Smoking Addiction Carcinogen Puberty Hygiene Democracy Parliament Monarchy

Year 7 Learning Cycle 4 – Bullying & Risk taking

New PSHE	Prior	Key vocabulary
Bullying – consequences Bullying – mental health	Core theme 2: relationships: managing hurtful behaviour and bullying Core theme 1: Health and wellbeing: Mental health	Consequences Bullying

Bullying – presentation Risk – recognising & minimising Sun safety Water safety Road & Rail safety Knife crime Children’s Human rights Human rights detectives Current News (voting)	Core theme 2: relationships: managing hurtful behaviour and bullying Core theme 1: Health and wellbeing: Keeping safe Core theme 1: Health and wellbeing: Keeping safe Core theme 1: Health and wellbeing: Keeping safe Core theme 1: Health and wellbeing: Keeping safe Core theme 1: Health and wellbeing: Keeping safe Core theme 3: Living in the wider world: Communities Core theme 3: Living in the wider world: Communities Core theme 3: Living in the wider world: Communities	Safety Risk Mental Health Crime Right Human right
--	--	--

Year 8 Learning Cycle 1 – Law & Justice

New	Prior	Key vocabulary
Ground rules Law & young people Police powers English justice & court system Current Citizenship issue Criminal punishment Safety; run, tell, hide.	LC1 Year 7: Understanding PSHCEE & the rules of PSHCEE LC3 Year 7 Citizenship: British Law. LC3 Year 7: Smoking understanding the facts. LC4 Year 7 Citizenship: Human rights. LC4 Year 7: social media safety, knife crime & risk. Same as above. LC3 Year 7 Citizenship: British politics and British law. LC1 Year 7 Citizenship: understanding citizenship. LC4 Year 7: Current news issues. Same as above. LC4 Year 7: Risk, recognising and minimising risk.	Law Power Anti-Social Personality Justice Criminal Prosecution Defence

Year 8 Learning Cycle 2 – Healthy Living

New	Prior	Key vocabulary
Alcohol – challenging knowledge Alcohol – teenage abuse Alcohol – awareness Reviewing & reflect Understanding obesity Pressures of smoking Vaping/e-cigarettes	LC3 Year 7 Citizenship: British law. LC3 Year 7: Healthy lifestyles. LC4 Year 7: Recognising & minimising risk. Same as above Same as above LC1 Year 7: Importance of education, importance of homework & reflection. LC2 Year 7: charity presentation review. LC2 Year 7: Exercise & sleep, recognising food groups, eating healthy at KJS & change4life campaign. LC4 Year 7: Bullying. LC3 Year 7: Healthy living, the facts about Smoking, avoiding smoking & educating others about smoking. Same as above	Alcohol Binge drinking Unit Healthy Pressure Obesity Vaping

Year 8 Learning Cycle 3 – Challenging opinions

New	Prior	Key vocabulary
Cannabis – knowledge of Cannabis – the law Cannabis – forming an opinion Women’s rights: now & over time Prejudice and stereotypes	LC3 Year 7: Smoking understanding it, avoiding it & educating other. LC4 Year 7: recognising and minimising risk. LC3 Year 7 Citizenship: British law. LC1 Year 8: Law & young people, police powers, current citizenship issue, changing law & criminal punishment. LC1 Year 7: forming an opinion on inclusion at KJS. LC2 Year 7: forming an opinion on healthy eating at KJS. LC2 Year 7 Citizenship: British values. LC3 Year 7 Citizenship: British identity & monarchy. LC4 Year 7 Citizenship: Human rights. LC1 Year 7: disability awareness. LC2 Year 7 Citizenship: Trade inequality and diversity in Britain. LC4 Year 7 Citizenship: Human rights. LC4 Year 7: Bullying consequences.	Cannabis Illegal Equality Opinion Prejudice Stereotypes Discrimination

Homophobic, Biphobic & Transphobic Bullying Online & social media safety Cyber bullying	LC3 Year 7: dealing with change. LC4 Year 7: Bullying consequences, mental health and anti-bullying presentation. LC3 Year 7: forming positive relationships. LC4 Year 7: Bullying consequences. Core theme 3: Living in the wider world: media literacy & digital resilience. Year 7 LC4 Bullying consequences. Year 8 LC3 Online & social media safety.	Homophobia
---	---	------------

Year 8 Learning Cycle 4 – Developing young adults

New	Prior	Key vocabulary
Preparation for working life Job allocation (reality) Careers and research Job applications & real-life Self-Esteem, eating disorders, unhealthy relationships & coping with pressure. 21st century families	LC1 Year 7: Rules of PSHCEE, importance of education and importance of homework. LC1 Year 7 Citizenship: contributing to school life. LC2 Year 7: Exercise & sleep. LC1 Year 8: Ground rules and Law & young people. LC2 Year 7 Citizenship: Needs Vs Wants. Same as above. LC2 Year 7 Citizenship: Trade inequality and view on Fair trade. LC3 Year 8: formal persuasive writing in fracking argument. LC2 Year 7: Exercise & sleep, recognising food groups, healthy eating and change4life. LC3 Year 7: Healthy lifestyles, dealing with change and forming positive relationships. LC3 Year 7: Bullying consequences and mental health. LC2 Year 8: Alcohol teenage abuse, understanding obesity and pressures of smoking. LC3 Year 8: Cannabis use. LC2 Year 7 Citizenship: British values and diversity. LC3 Year 8: HBT bullying.	Motivation Employment Career Work experience Body image Relationship Self Esteem Sexting

Year 9 Learning Cycle 1 – Health & Wellbeing

New	Prior	Key vocabulary
Expectations of PSHCEE Mental, Social & Physical health Emotions Mental health impact Exploring difference, identity, diversity & culture Actions and consequences	LC1 Year 7: Understanding PSHCEE & rules of PSHCE. LC1 Year 8 Ground rules. LC2 Year 7: recognising healthy living, understanding food groups. LC3 Year 7: impact of smoking, basic hygiene including dental and during puberty. LC4 Year 7: bullying & mental health. LC4 Year 8: teenage eating disorders, unhealthy relationships, coping with pressure & 21st century families. LC 4 Year 7: bullying consequences on mental health. LC3 Year 8: prejudice & stereotypes. LC4 Year 8: self-esteem & mental health. LC3 Year 7: Dealing with change. LC4 Year 7: Bullying consequences on mental health. LC2 Year 8: Alcohol facts & abuse. LC3 Year 8: Cannabis knowledge lesson & HBT bullying. LC4 Year 8: Self-Esteem, eating disorders, unhealthy relationships & coping with pressure. LC1 Year 7: Disability awareness & KJS inclusion. LC2 Year 7 Citizenship: Diversity. LC3 Year 7 Citizenship: British Identity & nationality. LC4 Year 7 Citizenship: Human rights identifying & understanding. LC3 Year 8: Women’s rights, prejudice, stereotypes & HBT bullying. LC4 Year 8: 21st century families. Throughout all learning.	Empathy Self-Concept Emotion Mental Health Disorder Schizophrenia Depression Bipolar Obsessive Compulsive Disorder Discrimination Identity Nationality Immigration Culture Cultural Identity Racism

Year 9 Learning Cycle 2 – Careers & Employment

New	Prior	Key vocabulary
-----	-------	----------------

<p>What makes you employable</p> <p>Job vs career</p> <p>Personal finance</p> <p>Financial planning & savings</p> <p>Understanding behaviour for work</p> <p>Business types & structure</p> <p>Trade unions & employment law</p>	<p>LC1 Year 7 Citizenship: Contributing to school life. LC4 Year 8: preparation for working life & job applications.</p> <p>LC4 Year 8: Dream cloud vs reality & careers research.</p> <p>LC4 Year 8: Real life earnings & real game job allocation.</p> <p>LC2 Year 7 Citizenship: Needs Vs Wants & above.</p> <p>All the above plus LC1 Year 8: Law & young people. LC2 Year 7 Citizenship: Trade inequality & Fair trade. LC3 Year 7 Citizenship: British Law.</p> <p>Throughout school.</p> <p>All the above plus LC1 Year 8: Law & young people. LC2 Year 7 Citizenship: Trade inequality & Fair trade. LC3 Year 7 Citizenship: British Law.</p>	<p>Employable</p> <p>Career</p> <p>Gross Pay</p> <p>Net Pay</p> <p>NI</p> <p>Income Tax</p> <p>Superannuation</p> <p>PAYE</p> <p>State Pension</p> <p>ISAs</p> <p>Premium Bonds</p> <p>Fixed Term Bonds</p> <p>Trade Unions</p>
--	---	---

Year 9 Learning Cycle 3 – Active Citizenship

New	Prior	Key vocabulary
<p>What is an active citizen?</p> <p>Working in a team</p> <p>How to raise awareness</p> <p>Active citizenship: planning, teamwork, evaluation.</p>	<p>LC1 Year 7 Citizenship: Understanding citizenship, citizenship at KJS, contributing to school life & littering campaign. LC2 Year 7: Charity awareness presentations. LC1 Year 8: Current issues debated. LC3 Year 8: Fracking persuasive argument and letter.</p> <p>LC1 Year 7 Citizenship: contributing to school life. LC1 Year 7: Clubs & extra-curricular. LC2 Year 7: Group charity awareness presentation & change4life campaign. LC2 Year 8: Review and reflect learning.</p> <p>LC2 Year 7: Charity awareness presentation & change4life campaign. LC4 Year 7: Bullying presentations. LC2 Year 8: Alcohol awareness leaflet. LC3 Year 8: Fracking constructing and argument & women’s rights over time.</p> <p>All the above.</p>	<p>Active Citizen</p> <p>Communication</p> <p>Planning</p> <p>Teamwork</p> <p>Raising Awareness</p> <p>Evaluation</p> <p>Enterprise skills</p>

Year 9 Learning Cycle 4 – Sex & Relationships

New	Prior	Key vocabulary
<p>Healthy families & different families</p> <p>Marriage & other options</p> <p>Homophobia & what is love</p> <p>Body image – stereotypes</p> <p>Fertility and key facts about the menstrual cycle and menopause.</p> <p>The benefits of self-examination and screening.</p>	<p>LC1 Year 7: disability awareness. LC2 Year 7 Citizenship: diversity. LC3 Year 7: forming positive relationships. LC4 Year 8: 21st century families. LC1 Year 9: exploring difference, identity, diversity and culture.</p> <p>Same as above.</p> <p>Same as above plus LC3 Year 8: HBT bullying. LC1 Year 9: Emotions.</p> <p>LC2 Year 8: Understanding obesity. LC3 Year 8: Prejudice & stereotypes. LC4 Year 8: self-esteem, eating disorders & unhealthy relationships.</p> <p>LC3 Year 7: healthy living. LC4 Year 8: developing young adults.</p> <p>LC3 Year 7: puberty changes, hygiene, dealing with change & positive relationships. LC4 Year 7: recognising and minimising risk.</p>	<p>Family</p> <p>Marriage</p> <p>Civil Partnership</p> <p>Forced marriage</p> <p>Homophobia</p> <p>Relationship</p> <p>Peer on Peer abuse</p> <p>Stereotypes</p> <p>Fertility</p> <p>Conception</p> <p>Menopause</p> <p>Self-examination</p> <p>Screening</p> <p>Sexual activity</p> <p>Consent</p>

Sexual activity & STI's & contraception Positive life choices	LC2 Year 7: healthy eating & change4life. LC3 Year 7: Healthy living topic including pressures of smoking. LC4 Year 7: recognising and minimising risk. LC1 Year 8: Law and justice topic. LC2 Year 8: Healthy living topic including alcohol abuse and consumption. LC4 Year 8: careers and future aspirations.	STI's Contraception
Fertility and routes to parenthood Grooming	LC2 Year 7: healthy eating & change4life. LC3 Year 7: Puberty changes and Healthy living topic including pressures of smoking. LC2 Year 8: Healthy living topic including alcohol abuse and consumption. LC4 Year 8: careers and future aspirations. LC4 Year 7: recognising and minimising risk. LC4 Year 8: teenagers and unhealthy relationships.	Miscarriage Grooming
Year 10 Learning Cycle 1 – Alcohol, Drugs and Pornography		
New	Prior	Key vocabulary
Dangers of pornography Risk taking behaviour Positive life experiences Drugs Alcohol	LC4 Year 7: Online and social media safety. LC4 Year 8: Healthy and Unhealthy relationships. LC4 Year 9: Sexual Activity and Positive Life Choices. LC4 Year 7: recognising and minimising risk. LC4 Year 8: Coping with pressure. LC1 Year 9: Actions and consequences. LC4 Year 9: Sexual Activity and Positive Life Choices. LC3 Year 7: Healthy living, the facts about Smoking, avoiding smoking & educating others about smoking. LC2 Year 8: Healthy living, pressures of smoking. LC3 Year 7: Healthy lifestyles. LC2 Year 8: Healthy living, LC3 Year 8: Challenging opinions.	Pornography Sexting Severity Correlation Assertiveness Opioids
Year 10 Learning Cycle 2 – First Aid & Mind Sets		
New	Prior	Key vocabulary
First Aid Gambling Mind sets & Beliefs	Growth mindsets are encouraged via school in general.	DR ABC Recovery Position Loot boxes Gambling Fixed Mindset Growth Mindset
Year 10 Learning Cycle 3 – Mental Health		
New	Prior	Key vocabulary
Understanding stigma Stress, Anxiety & Depression Eating disorders Self-harm Mindfulness	LC1 Year 9: Mental, Social and Physical Health LC4 Year 8: Developing Young Adults	Stigma Stress Anxiety Depression Self-harm Mindfulness
Year 10 Learning Cycle 4 – Job application		
New	Prior	Key vocabulary
Employability Skills and CV	LC4 Year 8: Developing Young Adults. LC2 Year 9: Careers and Employment.	Employability Skills Curriculum Vitae

Building confidence and resilience Interview skills		Resilience Interview
Year 11 Learning Cycle 1 – Modern Society		
New	Prior	Key vocabulary
Moral issues Extremism Human rights & responsibilities Laws and society	LC3 Year 8: Challenging opinions. LC1 Year 9: Exploring difference, identity and diversity. LC1 Year 10: Alcohol, Drugs and Pornography. LC4 Year 7: Risk – recognising and minimising. LC3 Year 8: Challenging opinions. LC1 Year 9: Exploring difference and diversity. LC4 Year 7: Human Rights detectives. LC3 Year 8: Women’s Rights now and over time. LC3 Year 7: Politics and Law. LC1 Year 8: Law and Justice. LC1 Year 10: Alcohol, Drugs and Pornography.	Moral Issue Terrorist Responsibility Absolute Rights Non-Absolute Rights Civil Law Criminal Law
Year 11 Learning Cycle 2 – Criminal Justice System		
New	Prior	Key vocabulary
Crown Court & Magistrates Court Sentencing a Young Offender Persuasive Writing Debating	LC3 Year 7: Politics and Law. LC1 Year 8: Law and Justice.	Crown Court Magistrates Court Sequestration Restitution Deterrence Retribution Reform
Year 11 Learning Cycle 3 and 4 – Coping with Exams		
New	Prior	Key vocabulary
The potential effects of exam stress on physical and emotional wellbeing, and ways to manage it. What happens when we sleep, the benefits of having a good night’s sleep and strategies to promote good quality sleep, including where to seek support. Revision – flashcards and mindmaps Revision – quizzes & revision cards	LC1 Year 9: Mental, Social and Physical Health. Y10 LC3: Mental Health. LC2 Year 7: Contributing to Society. Throughout school when discussing how best to revise for assessments.	Exam Revision Flashcard Mind map Crossword Quiz search Organisation tables

Revision – crosswords & quiz searches		
Revision – organisation tables & imagery		