

# Year 10 History Revision Timetable - Year 10 Mock Exams w/c

## Pupil Name:

You must undertake ACTIVE revision for it to be effective. You will only retain 10-15% of what you read, copy or hear. It is the process of synthesising, chunking down, processing etc which helps information stick in your brain.

Recommended Activities:

- Mindmaps
- Timelines
- Flashcards- key people, key events and case studies
- Quizzes e.g. Quizizz or Seneca Learning
- Past Paper Exam Questions – you have been given these.

## THE EXAM (Exam Board- Edexcel)

- Medicine Through Time- 1 hour 15 minutes
- Medieval Medicine, Renaissance Medicine, Industrial Medicine, Modern Medicine and WWI  
Western Front: How did Understanding Causes, Approaches to Care and Treatment and Prevention Change 1250-Present and WHY- Use the WASIIC Factors

## USEFUL RESOURCES

You have your revision guide for Medicine- this covers all the content but not in depth! These are good for factual knowledge for Grades 1-6 for the highest grades you need more depth.

You also have your exercise books which have detailed notes and explanations in them

Its Learning- All lessons and all revision resources are saved in History Courses> Resources> Revision> GCSE> Medicine

Useful revision websites, videos & apps

[www.bitesize.co.uk](http://www.bitesize.co.uk)- search for EDEXCEL medicine (other exam boards are different)

[www.senecalearning.co.uk](http://www.senecalearning.co.uk)- the link is on Its Learning- on the calendar

[www.youtube.com](http://www.youtube.com) search for medicine through time- all these videos are also saved on Its Learning for you.

The revision guides you purchased- also include a free app- details in the guide

## How to Create a Mindmap

Mindmaps are by far the best way to revise history. With a mindmap—it is possible to revise large amounts of subject content (weeks worth of learning) in just a few hours.



Research shows that pictures, colour and numbers help our memory therefore adding little icons or images beside bullet points will help students- see example on the medicine learning journey which is all dual coded with images.

If students are revising causes of change in public health during the industrial era for example, they can number each cause and draw a small image beside them this will help with their recall as they may recall there were 4 main causes, then recall the image of snow coming out of a cloud and remember

individuals like John Snow (not of Game of Thrones fame!) caused change with his cholera research.

See example above- this is an overview which is a great start but students would also need to explore each topic in depth also.

<b>Week Commencing/ Topics to Cover</b>	<b>Suggested Activities</b>	<b>Complete?</b>	<b>Confident?</b>
<p>Week 1: Week Commencing 6<sup>th</sup> March 2023</p> <p>-How did Understanding the Causes of Disease Change over Time 1250-Present? Case Studies to include: The Black Death 1348-51, The Great Plague 1665, The Cholera Epidemics 1832 and 1848-1850, The fight against Lung Cancer (1950s-Present)</p>	<p>Make a Mind map on Ideas on CAUSES of disease split into 4 sections- one per era: Medieval 1250-1500, Renaissance 1500-1700, Industrial 1700-1900 and Modern 1900-Present</p> <p>Add images, notes and key words/ people related to ideas about causes: Make sure you have included: -Hippocrates and four humours and Galen and Theory of Opposites, Vesalius-anatomy. Harvey and circulatory system, microscopes and animalcules, Sydenham, spontaneous generation and Nightingale/ Bastion, Snow and his theories/ experiments, Pasteur and Germ Theory, Koch, Franklin, Crick and Watson, DNA, Hereditary Illnesses and Lifestyle Factors and all their ideas as well as other relevant WASIIC factors which helped progress/ limited progress.</p>		
<p>Week 2: Week Commencing 13<sup>th</sup> March 2023</p> <p>-How did Approaches to Treatment of Illness Change over Time 1250-Present?</p> <p>Include the case studies above but this time focus on TREATMENTS used during each.</p>	<p>Make a Mindmap split into 4 sections (one per time period as above) this time on Approaches to TREATMENT and CARE of the SICK.</p> <p>Add images, notes and key words/ people related to ideas about treatments. Make sure you have included: -Developments in Hospitals from monasteries, infirmaries, pest houses and lazar houses to endowment hospitals, pavilion and specialist hospitals and world class NHS teaching hospitals. -Developments in Surgery from barbers to Aseptic -Improvements in pharmacies from apothecaries to dispensaries All key individuals related to TREATMENTS/ CURES -Improvements in Physicians including TRAINING and EDUCATION -Availability of care- where could the poor access help? -Herbal/ natural treatments over time -Surgical procedures possible -New chemical "cures"/ alchemy and tablets</p>		
<p>Week 3: Week Commencing 20<sup>th</sup> March 2023</p>	<p>Week 3 wb 14/12/20</p> <p>Make a Mindmap split into 4 sections (one per time period as above) this time focused on: Ideas about PREVENTION of disease and PUBLIC HEALTH</p> <p>Add images, notes and key words/ people related to ideas about prevention. Make sure you have included: -Regimen Sanitatis, Purging/ Bleeding and Laxatives, Religious ideas, using the weather, moderation, avoidance and quarantine, the Plague Orders, The first public health acts 1848 and 1875 and what each did/ why introduced, sewers, changing attitudes of government from laissez-faire, the National Insurance Act and the NHS, Healthy Lifestyle Campaigns, The Human Genome Project and Preventative surgery and treatment, Monitoring and Anti-Smoking legislation.</p>		
<p>Week 4 Week Commencing 27<sup>th</sup> March 2023</p>	<p>Make revision flashcards on all key individuals.- choose a dream team of your top 11 medicine heroes- why are their contributions more important? Plan out essay answers for 2 16 mark Questions by making tables of arguments FOR and AGAINST the statements for 16 mark questions- use your mindmaps to help you.</p>		
<p>Week 5 EASTER HOLIDAYS Week Commencing 3<sup>rd</sup> April 2023</p>	<p>Complete Seneca revision for topics 1-4 inclusive Plan out answers to 3 12 markers from your list- make brief notes on what each of your 3 paragraphs would include. Test yourself using your flashcards on key individuals- do you know them all?</p>		

<b>Week Commencing/ Topics to Cover</b>	<b>Suggested Activities</b>	<b>Complete?</b>	<b>Confident?</b>
Week 6 EASTER HOLIDAYS Week Commencing 10 <sup>th</sup> April 2023	<p>WW1 – Make a timeline of WW1 of the key battles including weapons used and also of key improvements to various treatments e.g. Thomas Splint, Blood Transfusions, Mobile XRays, Harvey Cushing, Harold Gillies etc.</p> <p>For each of the parts of the Chain of Evacuation; write down 3 key facts about it.</p> <p>Complete describe 2 features questions below:            -Describe 2 features of Dressing Stations            -Describe 2 features of Blood Transfusion            -Describe 2 features of Train Ambulances            -Describe 2 features of treatment of shrapnel wounds            -Describe 2 features of Plastic surgery</p> <p>Complete a practice 8 mark- how useful question</p>		
Week 7 Week Commencing 17 <sup>th</sup> April 2023- Mocks are this week-	<p>-Test yourself and complete any remaining Seneca questions</p> <p>-Use your flashcards for final checks of any facts you struggle with</p> <p>-Read the model answers you have been given to remind yourself of structure and how to answer the questions</p>		

**GOOD LUCK!!**

**Definitely don't try the Brain Salt!**

**(A "Cure All from the Quacks of the early Industrial era- before they were outlawed!)**

