

PSHCEE Overview 2023-24

Dates	Year 7	Year 8	Year 9	Year 10	Year 11
Week starts A - 04/09 B - 11/09 A - 18/09 B - 25/09 A - 02/10 B - 09/10 A - 16/10 B - 23/10 A - 06/11* B - 13/11	LC1 – Joining a new school 1 – Understanding PSHCEE 2 – Education & homework 3 – Clubs & extra-curricular 4 – A rough guide to KJS 5 – Citizenship & KJS 6 – Contributing to school life 7 – Reflection 8 – Litter* 9 – Disability awareness 10 – Inclusion at KJS	LC1 – Law & Justice 1 – Ground rules 2 – Law & young people 3 – Police powers 4 – English Justice system 5 – English court system 6 – Current citizenship issue 7 – Changing Law 8 – Criminal punishment* 9 – Crime: Are we tough enough 10 – Safety: Run. Hide. Tell.	LC1 – Health & wellbeing 1 – Expectations of PSHCEE 2 – Mental, Social & Physical health 3 – Emotions 4 – Mental health impact 5 – Mental health impact 6 – Exploring difference 7 – Exploring identity 8 – Exploring diversity* 9 – Cultural identity 10 – Actions and consequences	LC1 – Alcohol, Drugs & Pornography 1 – Sexting and Danger of pornography 2 – FGM 3 – Risk taking behaviour 4 – Positive life experiences* 5/6 – Drugs and Alcohol	LC1 – Modern Society 1 – Moral Issues 2 – Extremism 3 – Human rights & responsibilities 4 – Human Rights Act 5 – Laws and society
A - 20/11 B - 27/11 A - 04/12 B - 11/12 A - 18/12 B - 08/01 A - 15/01 B - 22/01 A - 29/01	LC2 – Contributing to society 1 – Choosing a Charity & planning 2 – Charity presentation 3 – Exercise & sleep 4 – Food groups & Healthy KJS 5 – Change4life 6 – Trade Inequality & Fair Trade 7 – Needs Vs Wants* 8 – British Values/ Identity 9 – British Diversity	LC2 – Healthy living 1 – Alcohol – challenge knowledge 2 – Alcohol – facts about 3 – Alcohol – teenage abuse 4 – Alcohol – leaflet 5 – Alcohol – producing leaflet 6 – Review & reflect 7 – Understanding Obesity* 8 – Pressures of smoking 9 – Vaping/ e-cigarettes	LC2 – Careers & employment 1 – What makes you employable 2 – Choosing a job 3 – Choosing a career 4 – Personal finance 5 – Financial planning & money saving 6 – LC assessment – long answer 7 – Understanding behaviour for work* 8 – Trade unions & employment law 9 – Money matters key facts	LC2 – First aid & mind-sets 1 – First aid & exam question 2 – Gambling 3 – Mind sets & beliefs 1 4 – Mind sets & beliefs 2	LC2 – Criminal justice system 1 – Crown Court & Magistrates Court 2 – Sentencing a Young Offender 3 – Persuasive writing 4 – Debating* LC3 L1 – Coping with Exam stress
B - 05/02 A - 19/02 B - 26/02* A - 04/03 B - 11/03 A - 18/03 B - 08/04 A - 15/04 B - 22/04	LC3 – Healthy living 1 – Smoking – facts & avoidance 2 – Smoking – educating others* 3 – Healthy lifestyles 4 – Hygiene – dental 5 – Hygiene – puberty 6 – Dealing with puberty changes 7 – Forming positive relationships 8 – Politics & Law 9 – British Citizenship & Monarchy	LC3 – Challenging opinions 1 – Cannabis – knowledge of 2 – Cannabis – the law* 3 – Cannabis – forming an opinion 4 – Women’s rights – now 5 – Women’s rights – over time 6 – Prejudice & stereotypes 7 – HBT bullying 8 – Online & social media safety 9 – Cyber bullying	LC3 – Active Citizenship 1 – What is an active citizen 2 – Working in a team* 3 – How to raise awareness 4 – Active citizenship – planning 5 – Active citizenship – planning 6 – Active citizenship – teamwork 7 – Active Citizenship – evaluation 8 – Reflection LC4 L1 – Families (Healthy & different)	LC3 – Mental health 1 – Understanding stigma 2 – Stress, Anxiety & Depression 3 – LC Assessment – mental health 4 – Mindfulness LC4 L1 – Employability skills & CV	LC3 – Coping with Exams 2 – Benefits of quality sleep 3 - Revision – flashcards & mind maps 4 – Revision – quizzes & cards 5 – Revision – crossword & quiz search
A - 29/04 B - 06/05 A - 13/05 B - 20/05 A - 03/06 B - 12/06* A - 17/06 B - 24/06 A - 01/07 B - 08/07 A - 15/07	LC4 – Bullying & risk taking 1 – Bullying – consequences 2 – Bullying – mental health 3 – Bullying – presentation 4 – Risk – recognising & minimising 5 – Sun safety* 6 – Water safety 7 – Road & Rail safety 8 – Knife crime 9 – Children’s Human rights 10 – Human rights detectives 11 – Current News (voting)	LC4 – Developing young adults 1 – Preparation for working life 2 – Real life jobs 3 – How much do we earn 4 – Careers 5 – Job application 6 – Work Experience 7 – Self-esteem 8 – Teenagers – eating disorders 9 – Teenage life – body image 10 – Teenagers –unhealthy relationships 11 – Teenagers – healthy relationships	LC4 – Relationships and sex 2 – Marriage & other options 3 – Homophobia 4 – What is Love? 5 – Body image – stereotypes* 6 – Sexual health 7 – Sexual activity 8 – Sexually transmitted infections 9 – Contraception 10 – Positive life choices 11 – Pregnancy 12 – Grooming	LC4 – Job application – Barclays life 2 – CV writing 3 – Building confidence 1 4 – Building confidence 2 * 5 – Interview skills 6 – Practice interview	LC4 – Transferable skills 1 – Revision – tables & imagery 2 – Revision skills – past papers 3 – Revision skills – general Study leave

Blue= Citizenship Education

Pink = Relationships and Sex Education

Green = PSHEE Education

Highlighted Yellow = Assessment Opportunity/ data submission deadline

* = Quality Assurance.

Highlighted Grey = potential guest speaker