

Catch up work - LC4 - year 8 -Introduction to Sikhism.

Name of followers	
Founder of Sikhism	
When did it begin?	
Where did it begin?	
Name of holy building?	
Name of holy book?	
What do Sikhs wear?	
Name two Festivals and why they are celebrated?	

Catch up work – LC4 - year 8 –Guru Nanak and the 10 Gurus.

1. Who was Guru Nanak?
2. Where did he live?
3. What happened when Guru Nanak bathed in the river?
4. What did he decide to do after this event happened?
5. How is Guru Nanak remembered today?
6. Who are the other 9 Gurus?
7. Research two of the 10 Gurus and write down three facts about each of the chosen two.


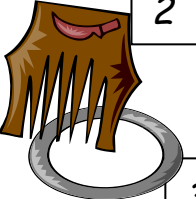

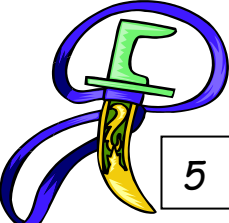
Guru...	Guru...

Catch up work – LC4 - year 8 –The Khalsa.

1. What is the Khalsa?
2. Who formed the Khalsa?
3. Why do you think the five beloved ones were willing to step forward for their Guru?
4. How does a Sikh become a part of the Khalsa today?
5. Why is the Khalsa important?

Catch up work – LC4 - year 8 –The five K's.

1. Name the five K's below

 <div>1.</div>	<i>Kesh</i>	<i>Sikhs believe the body is a gift of God which should be respected. Keeping the hair shows love and commitment to God. It is sign of being Wise.</i>
 <div>2</div> <div>3</div>	<i>K_____</i> <i>K_____</i>	<i>Used to comb the hair. It is a reminder to always keep your mind and body smart and tidy.</i> <i>It protects your wrists and is like a handcuff to God that reminds a Sikh to always do the truthful and honest in anything they do.</i>
 <div>4</div>	<i>K_____</i>	<i>Is a practical thing worn for sports and exercise. It reminds a Sikh to have a pure mind and not have sexual thoughts about girls and boys.</i>
 <div>5</div>	<i>K_____</i>	<i>It is worn to remind a Sikh that to be strong as steel, defend others, and protect the weak. It is only used in defence in the last resort.</i>

2. Why do you think the 5K's are important to Sikhs?

Catch up work – LC4 - year 8 –Holy places - Amritsar.

1. Where in the world do you think this building is?



2. Why is the golden temple so important to Sikhs?

3. What might a Sikh do at the temple of Amritsar?

4. What other pilgrimage sites are there in Sikhism?

5. Why is pilgrimage important in Sikhism?

Catch up work – LC4 - year 8 – The langar and Sewa.



1. What is a Gurdwara?

2. What is a langar and where does it happen?

3. In the gurdwara men and women sit separately, children can sit with either parent. **Why do you think this is?**

Extension - Can you think of any other religious places of worship where men and women sit separately?

4. What is Sewa?

5. How is the langar an example of Sewa?

6. How important is langar to Sikhs? Why do you think this?

Extension - In what way is langar an example of putting faith into action?

Catch up work – LC4 - year 8 – Sikh festivals.

1. Task one: Write down 3 key facts about the festival of Vaisakhi.

2. Task two: Describe how Vaisakhi is celebrated.

3. Task three: Explain (give reasons) why this Vaisakhi is important to Sikhs.

4. What other Sikh festivals are there and how are they celebrated?