







AQA A Level Psychology

Year 1



Learning Journey 2025-2026

Course Structure

WEEK	Teacher 1	WEEK	Teacher 2
1	Introduction to Psychology	1	Introduction to Psychology
2 - 6	Research Methods How experiments & observations are carried out and the different methods used.	2 - 13	Approaches in Psychology The different explanations for behaviour, including; social learning theory, behaviourist, biological, cognitive, psychodynamic and humanistic approaches.
7 - 15	Social Influence Why do people obey and conform? Ethical issues with studying Social Psychology 	14 - 26	Biopsychology How the different systems within the body influence behaviour. The different perspectives on the brain and ways that we can study it.
22 - 30	Memory Factors that influence memory. Techniques lawyers use to influence the memories of those giving evidence. 	27 - 37	Clinical Psychology and Mental Health Defining in the field of mental health Treating mental health disorders 
33 - 40	Attachment How children build relationships. What can go wrong? 		
41 - 42	YEAR 12 EXAMS	41 - 42	YEAR 12 EXAMS
43 - 46	Research Methods Scientific Processes, data handling and analysis	38 - 46	Issues & Debates <ul style="list-style-type: none">• Issues & Debates• Free-will & Determinism• Nature Nurture• Holism & Reductionism• Idiographic & Nomothetic• Social Sensitivity

Assessment

Paper 1: Introductory Topics in Psychology (exam)	Paper 2: Psychology in Context (exam)	Paper 3: Issues and Options in Psychology (exam)
What's assessed? <ul style="list-style-type: none"> All Paper 1 subject content: Social Influence, Attachment, Memory Clinical Psychology and Mental Health 	What's assessed? <p>All Paper 2 subject content:</p> <ul style="list-style-type: none"> Approaches, Biopsychology & Research Methods. 	What's assessed? <p>All Paper 3 subject content:</p> <ul style="list-style-type: none"> Issues & Debates, Topic 1 (Relationships), Topic 2 (Schizophrenia), Topic 3 (Forensic Psychology).
How is it assessed? <ul style="list-style-type: none"> Written exam: 2 hours 96 marks in total 33.3% of A Level course 	How is it assessed? <ul style="list-style-type: none"> Written exam: 2 hours 96 marks in total 33.3% of A Level course 	How is it assessed? <ul style="list-style-type: none"> Written exam: 2 hours 96 marks in total 33.3% of A Level course
What type of questions? <ul style="list-style-type: none"> Multiple choice questions Short answer questions Extended writing 	What type of questions? <ul style="list-style-type: none"> Multiple choice questions Short answer questions Extended writing 	What type of questions? <ul style="list-style-type: none"> Multiple choice questions Short answer questions Extended writing