



KJS Y8 PSHCEE Overview



Topic

Lesson

	1. Being Me in My World	2. Celebrating Difference	3. Dreams and Goals	4. Healthy Me	5. Relationships	6. Changing Me
1	Who am I?, influences, uniqueness of me	Anne Frank, celebrating similarity, fear, racial and religious prejudice, hate crime	Short, medium & long-term goals, flexibility, employability skills, grit	Different types of health, nutrition and exercise, cardiovascular health and disease, diabetes	Relationship with self, social media, self-image	Intimate relationships, me and my relationships, attraction, healthier and less healthy relationships
2	Family, definitions, community living	Social injustice, inequality, causes, benefits of multiculturalism, what is racist or religious hate crime?	Money impact, positives and negatives, what can't be bought?	Perceived risk and actual risk, illegal substance use risks, legal substances use risks	Pressures of different relationships, freedom and control	What makes a healthier relationship (friendship or romantic)?
3	Family expectations, active listening, roles within the family (i.e. stereotypes, firstborn etc.)	Religion in decline?, fundamentalism, stereotypes, celebrating diversity, positive aspects of religion	Online safety – digital footprint, impact on career	Habits for a healthy lifestyle, dental health, how to see a dentist, skin health and sunscreen	Personal space, mindfulness, introvert/extrovert, setting boundaries	Me and my relationships, attraction, love or crush?
4	First impressions, managing influences on our identity, self-image, be positive	Bullying, the law, types of bullying, LGBT+, get involved, golden rule, child-on-child abuse consequences	Money, wages and career goals, what affects your earning potential, budgeting	Vaccination, UK vaccination programme, Does vaccination work?, herd immunity, Covid 19 vaccination and social responsibility	Knife crime and the law, imbalance of power in relationships, coercive behaviour, positive futures	Pornography and the law, dealing with unwanted messages
5	Marriage and the law, beliefs and religions, protected characteristics, respect	Making a positive contribution, making a stand, Malala, what matters to you?	Weekly costs, debt, gambling, emotions linked to too much/little money	Peer pressure, the changing teenage brain, risks in social situations, social risk and substance misuse	Social media, safety tips, laws, trolling, sharing information online, personal data, employer's rights to access	Alcohol, the law, effects of alcohol, scenarios