

# Year 13 Health and Social Care Revision Timetable

PPE 7<sup>th</sup> December 2026

**Pupil Name:**

We will be asking you to revise different topics. You SHOULD be making revision notes. Remember good revision involves doing something active, not just passively reading your notes or a website.

There are lots of activities you can do that will help you revise: make summary notes, produce a mind map, revision clock or flashcards, re-do the end of unit test.

## THE EXAM

|                           | F091                                                                                                                                                                                                                                                                                                                                                                  |
|---------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>What is assessed</b>   | <b>All topics covered in the unit content may be examined.</b><br>TA1 Cardiovascular System<br>TA2 Respiratory System<br>TA3 Digestive System<br>TA4 Musculoskeletal System<br>TA5 Control and Regulatory Systems<br>TA6 Reproductive System                                                                                                                          |
| <b>How it is assessed</b> | <b>Section A</b><br>10 x 1 mark response questions including multiple choice<br><b>Section B</b> <ul style="list-style-type: none"><li>• Short answer/closed questions (1-4 marks each)</li><li>• Extended response with levels-based marks (1-4 marks)</li><li>• Extended responses with levels-based marks using scenarios/contexts (typically 6-9 marks)</li></ul> |
| <b>Paper details</b>      | <ul style="list-style-type: none"><li>• Written exam: 1 hour 30 minutes</li><li>• Section A = 10 marks</li><li>• Section B = 50 marks</li></ul>                                                                                                                                                                                                                       |

## USEFUL RESOURCES

Online textbook: There is no online textbook, however you can use the NHS website for the disorders and look at websites like BHF for specific disorders (most of these links are on class power points).

**OCR past papers and mark schemes:** use the end of unit test and your corrected work. You can also look at GCSE past papers for the structure and function questions on the system

**Key notes:** Use the disorders tables from lesson, and your own notes from class.

### Revision videos:

See GCSE 9-1 videos on you tube for the structure and function of the systems.

See videos on lesson power points.

## REVISION TIMING GUIDE

| Week<br>W/C       | What to revise<br>(no of textbook pages)                                          | Type of revision notes<br>and testing? | Any problems? (questions<br>to ask your teacher?) |
|-------------------|-----------------------------------------------------------------------------------|----------------------------------------|---------------------------------------------------|
| <b>1</b><br>12/10 | TA1 Cardiovascular System -<br>structure, function and the<br>malfunctions        |                                        |                                                   |
| <b>2</b><br>19/10 | TA2 Respiratory System<br>structure, function and the<br>malfunctions             |                                        |                                                   |
| <b>3</b><br>26/10 | TA3 Digestive System<br>structure, function and the<br>malfunctions               |                                        |                                                   |
| <b>4</b><br>02/11 | TA4 Musculoskeletal System<br>structure, function and the<br>malfunctions         |                                        |                                                   |
| <b>5</b><br>09/11 | TA5 Control and Regulatory Systems<br>structure, function and the<br>malfunctions |                                        |                                                   |
| <b>6</b><br>16/11 | TA6 Reproductive System<br>structure, function and the<br>malfunctions            |                                        |                                                   |
| <b>7</b><br>23/11 | Focus on PIES for TA1, TA2, TA3                                                   |                                        |                                                   |
| <b>8</b><br>30/11 | Focus on PIES for TA4, TA5, TA6                                                   |                                        |                                                   |

## Disorders of the systems

|           |                            |
|-----------|----------------------------|
| <b>1</b>  | Angina                     |
| <b>2</b>  | Deep Vein Thrombosis (DVT) |
| <b>3</b>  | Asthma                     |
| <b>4</b>  | Bacterial Pneumonia        |
| <b>5</b>  | Bowel Polyps               |
| <b>6</b>  | Gallstones                 |
| <b>7</b>  | Carpel Tunnel Syndrome     |
| <b>8</b>  | Osteoarthritis             |
| <b>9</b>  | Ischaemic Strokes          |
| <b>10</b> | Type 2 Diabetes            |
| <b>11</b> | Endometriosis              |
| <b>12</b> | Testicular Cancer          |

